

China 2016

**Volunteer
Vacation.
Changing
Lives.**



**For More Information :
Jeannie Butler (615)668-8159**



Caring for China's Orphans Volunteer Vacation 2016

Travel with us to China. An opportunity to change a life - YOURS!
Change your life & the lives of orphans with a working vacation. This year's trip is even better than ever with more days with those who need us the most and an optional Panda Excursion to complete your trip.

July 8 to July 21, 2016

- July 8: Depart for Beijing from your hometown. You need to arrive in Beijing by July 9.
- July 9: Arrive in Beijing and meet with Jeannie and Group.
- July 10 – 12: Sightsee in Beijing, mail boxes to orphanages and visit New Day Foster Home.
- July 13: Group departs for Kunming via plane where we will take a bus to Shizong – the location of our neediest orphanage.
- July 19: Return to Kunming via train for 2 nights of Chinese culture and shopping before returning to Beijing.
- July 21: Arrive in Beijing. Those returning home will catch a late afternoon or evening flight to the U.S. Those taking the ***Panda Excursion*** will depart for Chengdu.

Contact Information:

Jeannie Butler

615-668-8159

caringforchinasorphans@gmail.com

Caring for China's Orphans

Volunteer Vacation 2016

July 8th through July 21st, 2016

Complete and mail one registration form per person plus non-refundable deposit of \$250 by April 1st to Caring for China's Orphans

Name exactly as it appears on your passport:

D.O.B. _____ *Passport #* _____

Date of passport expiration _____ *Visa #* _____

Address _____

E-mail _____

Phone numbers cell _____ *home* _____

Allergies _____

Other Medical Conditions _____

Emergency contact information:

Name _____

Address _____

Relationship _____

E-mail address _____

Phone numbers cell _____ *home* _____

Deadlines:

- *Make all checks payable to CfCO.*
- *Deposit of \$250 (non-refundable) plus registration form due April 1st.*
- *1st payment of \$500.00 is due by May 1st.*
- *2nd payment of \$1000.00 is due by May 15th.*
- *Final payment of \$1000.00 is due by June 1st.*
- *Panda Excursion: Please add \$375 to EACH of your May 15th and June 1st payments.*
- *I need your passport, 2 pictures, and copy of flight itinerary by May 1st.*

Cost

- Inside China cost is \$2750.00 per person and covers:
 - visa
 - flights (in China)
 - trains
 - buses
 - tours
 - lodging
- **PLUS: most** breakfasts, **some** meals, **some** taxis.
- You will need money for some meals, taxi rides and shopping. You will also need to purchase your own snacks and water.
- The cost does NOT include your international flight. (see Travel)
- Optional: Panda Excursion in Chengdu: \$750 additional fee bringing total to \$3500.00. Must have at least three participants for the Panda Excursion.

Travel

- International Flight: Your international flight is NOT included in the cost of your trip. You may book your own international ticket or CfCO can do it for you. Full payment of international ticket is required to CfCO before it is booked by CfCO. You may use travel miles if booking your own ticket. You MUST be in Beijing by July 9 to meet the group.

- Your return flight from Beijing to the US MUST be a LATE AFTERNOON OR EVENING FLIGHT.
- If YOU are booking your flight, e-mail a copy of your flight itinerary and a copy of your signed passport to me at caringforchinasorphans@gmail.com (be sure to scan or take a clear photo of you picture page). **Contact Jeannie before booking your flight!**
- You will need a valid credit card. Hotel rooms will be paid prior to our arrival but they require a credit card for check-in. No debit cards, only credit.
- **Travel Insurance:** CfCO does NOT provide travel insurance. You may consider researching and investing in travel insurance in case of unexpected needs such as illness or other circumstance where you may need to make health or travel arrangements.
- Currency Exchange: You MUST have new money from your bank to exchange for spending in China . If you can't get new money be sure there are no marks or tears as you cannot exchange torn, worn or dirty money for Chinese currency.
- ***When traveling internationally, please keep in mind that ANYTHING and EVERYTHING is subject to change due to delays caused by weather, broken down transportation and more. These things are out of our control.
- All costs based on double occupancy / 2 participants per room.
- Liability Release form MUST be notarized and returned prior to travel.

PASSPORT AND VISA:

- Typically, Jeannie Butler will obtain Visa's for participants. However, you are free to obtain your own Visa.
- To obtain a Visa, you MUST have a signed valid passport that does not expire before Feb. 2017.
- If CfCO is requesting your Visa, please be sure you have signed your passport before sending it to Jeannie.
- Send 2 passport pictures for the visa. I need your passport and pictures as soon as your international ticket is booked.

- If you are adopted from China you need to send a copy of your adoption document from China that shows your adoptive parents names along with your name. We also need a copy of your Chinese baby passport. You cannot get a visa without these documents.
- When you receive your passport with visa back from me you need to make two copies of the passport picture page and two copies of the visa. You need to leave one copy at home in a safe place and put one copy in your suitcase.
- **If you do not live in the US you will need to obtain your visa in your country.**
- ***Contact Jeannie prior to booking your international flight.

Health

- You MUST be current on all immunizations! We cannot run the risk of spreading disease to the children. An orphanage with 800 children cannot afford to have a visitor with chicken pox working with the orphans. You are also REQUIRED to have a Tetanus vaccination within the last 10 years. If you have questions about other recommended vacs please email me or speak to your doctor.
- Medications-take all prescriptions you take on a regular basis. Take any over the counter medications you think you might need: Tylenol, Motrin, you need to get a broad based antibiotic from your doctor, diarrhea med., constipation med., band-aids, Benadryl, antibiotic ointment, etc., no liquid medications. If you are taking small children that need liquid we will need to check it. They will take it away at security. They don't care if it is a needed medication.

Meals:

- We will open each day with a devotion and review of the day's itinerary for those who would like to participate during breakfast.

- Beijing: Each day will begin with breakfast in the hotel included in the cost of your trip. One lunch in Beijing is included in your trip. Please plan accordingly for your other meals. You may choose to eat near the hotel or eat something from home in your room (see packing list below).
- Shizong: The hotel offers a breakfast, however, we recommend eating with the group in our private breakfast room. CFCO will be providing instant breakfasts, fruit, juices and coffee for our group. When possible, we will follow the same format for our lunches. Please know that someday we will work through lunch while working in the orphanage. You will want to take additional snacks of your own for those days. (See the packing list below). Most evenings we will eat dinner at restaurants in Shizong. We will be in Shizong 6 nights. Please plan on purchasing your dinners at least 3 of those nights. (See packing list below.)
- Kunming: Breakfasts are provided by the hotel. Other meals are not included in this portion of the trip.

Notes and Reminders:

- You may e-mail copy of passport, flight itinerary. I must have the original passport to obtain visa's.
- Jeannie Butler, 615-668-8159, CaringforChinasOrphans@gmail.com, Facebook-Caring for China's Orphans
- Be sure you have signed your passport, they will not issue a visa if it is not signed and it will be returned.
- All costs based on double occupancy / 2 participants per room.
- ***Make all checks payable to **Caring for China's Orphans**

Mail all forms, passports, checks, flight itinerary, 2 pictures to:

*Caring for China's Orphans
P.O. Box 210003
Nashville, TN 37221*

Packing List:

Here are suggestions for travel items. TRAVEL LIGHT. It is hot in July so think cool and comfortable. It is difficult getting on and off a train if you have too much luggage. You will have to carry it up and down stairs and on planes and trains. You will not need much and you are responsible for your luggage!

Luggage: You will be carrying on only, one suitcase that will fit in the overhead compartment and one small bag that can go under the seat. Traveling with CfCO means **All checked bags and boxes are packed with orphan supplies.** If you have additional items such as liquids we can put them in some of the checked boxes and remove them when we arrive in China. Lock your luggage! You can purchase a lock at a department store with luggage or at a luggage store. Though locks can be opened they also serve to keep your bags from coming unzipped during boarding/getting off planes, trains, etc.

Small purse, cross body style, small back pack or fannie pack. **NEVER** leave your purse, passport or money in the room. It should be on your body at all times. When you go to breakfast or any restaurant do not take it off and leave it on the table/chair.

Clothing: Shorts, tops, sundresses, skirts—light weight fabrics that breathe. Nothing too short or revealing, please. You may consider investing in washable travel clothing that is made of quick drying fabrics. You can purchase these types of items at sporting goods and camping stores.

Shoes: Good quality, comfortable, closed toe walking shoes and a pair of sandals or flip flops, cheap rubber flip flops for showers. If you purchase new shoes for the trip, please wear them in before you leave. This trip includes lots of walking and blisters will impede your comfort and ability to enjoy your trip or do the work.

Pajamas: Don't forget your PJ's (and do not forget your underwear!) Yes, it has happened on our trips. It is easy to overlook these day to day items when getting wrapped up in planning your trip.

Laundry detergent: Bring powder detergent to rinse your clothes out and hang to dry OR you can send it to the laundry at your own cost. Prices vary.

Small packs of tissue: Some bathrooms do not have toilet paper and you will want to keep small packages in your purse or backpack.

Tampons: Tampons are NOT available where we are traveling. Plan accordingly.

Toiletry Items: Bring small bottles of shampoo, conditioner, etc. Large bottles will not be allowed to be checked. They will be taken away by airport security. If you need a large bottle of a liquid we will put it in one of the large boxes and you can get it when we arrive in China.

Medications: Take all prescriptions with you that you take on a regular basis. Take any over the counter medications you think you might need: Tylenol, Motrin, you need to get a broad based antibiotic from your doctor, diarrhea med., constipation med., band aids, Benadryl, antibiotic ointment, etc..... no liquid medications. If you are taking small children that need liquid we will need to check it. They will take it away at security. Yes, even a prescription med.

Hand Sanitizer wipes: If you bring a large bottle of liquid sanitizer they will take it away (you can take tiny bottles). Wipes are safest.

Food: Cups of soup, peanut butter crackers, instant oatmeal, tuna packs, granola bars, nuts, etc. Some meals are not included in the price of the trip. This helps us keep travel costs low. If you choose to not go out you may eat instant foods bought from home or things you find in local grocery stores near the hotel. There may be times when you are hungry between meals. Plan on having small snacks in your purse or backpack for these occasions and for during travel times in case of delays.

Adapter for laptops, phones, DVD players, cameras, iPads, iPods, etc. You can buy these at local department stores or any place that sells luggage ***in the US***. You cannot plug your devices from the US in Chinese outlets without an adapter. It will fry your device. Everyone needs their own so don't forget yours. This has been a problem on past trips with someone not having one and getting upset because someone wouldn't loan theirs.

Money: Credit Cards ONLY-(No Debit cards): It is Ok to use your debit cards in the airports in the US but DO NOT use them in China. ***Bring NEW MONEY***--Your money must be new or at least have no marks or tears on it. Check it closely before you leave. If you attempt to exchange a bill with any marks it will not be exchanged for Chinese currency to the high counterfeit rate. Final words are be sure it is clean. You can also iron it to make it more crisp. I have done this on several occasions.

Camera: Most phone have cameras but many take additional cameras as this is such a special trip.

Computer: Feel free to bring your computer but you are responsible for it. Each time you leave your room you need to lock your computer, camera, etc., in your suitcase. (You will need a lock for your suitcase.) Wi-fi may be an additional cost in the hotel.

2 washcloths: Most hotels in the rural areas do not have washcloths. Ladies, please bring makeup remover cloths. If you leave makeup on the towels they will charge you extra for laundry services.

Assorted sizes of zip baggies to put wet things in. You also need to put all liquids in baggies so they do not leak and ruin your items.

*****Very important-DON'T DRINK THE WATER FROM THE FAUCET OR BRUSH YOUR TEETH WITH THE WATER. You will get very SICK. Only drink bottled water that has an unbroken seal, sodas, juice, etc., or things that have been boiled. Each hotel room will have a coffee pot to boil the tap water. It is then safe to brush your teeth with, make soup, coffee, etc. DO NOT EAT from the street vendors unless you ask me first.***

*******When traveling internationally, please keep in mind that ANYTHING and EVERYTHING is subject to change due to delays caused by weather, broken down transportation and more. These things are out of our control.

It's going to be a GREAT trip. You will never be the same.

~~Jeannie

615-668-8159

LIABILITY RELEASE

**Caring for China's Orphans
Jeannie Butler**

On this _____ day of _____, 20____, intending to be legally bound hereby, the undersigned agrees and does hereby release from liability and to indemnify and hold harmless Caring for China's Orphans, Jeannie Butler, and any Caring for China's Orphans employees or board members or agents or agents representing or related to Caring for China's Orphans as regards to travel, volunteer work and overnight housing. This release is for any and all liability for person injuries (including death) and property losses or damage, or additional travel expenses pertaining to said injuries occasioned by, or in connection with any activity or accommodations for this trip – China 2016. This document requires notarization and must be returned to CfCO by June 1st in order to travel.

Participant Name (please print)

Guest Participant Signature

Date

Caring for China's Orphans Rep Signature

Date